

Happy~Healthy~Blessed

Mint Chip Super smoothie



Ingredients:

- 2 C Frozen Spinach
- 1-2 Frozen Bananas
- 1/4 C Raw Cashews
- 3 Tbsp Cacao Nibs (6 tsp cacao powder)
- 2 Tbsp Minced Fresh Mint Leaves
- 1 tsp Real Vanilla Extract
- 2 C Unsweetened Rice Milk, almond milk or coconut milk
- 1/2 C Coconut Water
- Optional: add a scoop full of ice cubes

***Blend all ingredients together until smooth.**

Rejuvenate Refresh Relax