

Happy~Healthy~Blessed

Quinoa Mango Salad



Ingredients:

- 1 Mango cut into bit sized pieces
- 1 Cup of freshly cooked black beans or 15 ounces of black beans
- 1/2 cup of minced cilantro
- 1/2 of a red pepper cut into little pieces
- 3 stocks of green onions, use the green part as well
- 1 cup of cooked Quinoa

Dressing:

3 Tablespoons of Olive oil

4 Tablespoons of red wine vinegar

1/2 teaspoon of Real Salt

1/4 teaspoon of black pepper

2 1/2 Tablespoons of lime juice

Mix all ingredients together & enjoy!

Rejuvenate Refresh Relax